

## AHG Suggested Camping Checklist

### **Gear**

Tent, poles, and stakes + mallet or hammer for stakes  
Tarp or footprint (for under tent)  
Sleeping pad or air mattress  
Sleeping bag and extra blankets (especially for cool fall, winter, and early spring temperatures when a standard sleeping bag isn't sufficient)  
Pillow (optional)  
Headlamp and/or flashlight (bring extra batteries) - preferably one with adjustable light levels and a red light option  
Lantern (optional)  
Camp chair(s)  
Wet bags or stuff sacks for wet clothes  
Refillable water bottle

**Clothing** \*Moisture-wicking or quick-drying recommended. Bring extra clothes and socks in case of mud, water, etc.

Weather appropriate clothing (t-shirts, shorts, pants, long sleeved shirts, layers, sweatshirts/hoodies, modest swimsuit)  
Underwear  
Socks (wool for cold weather)  
Sleepwear  
Long underwear (cold weather)  
Rain jacket or poncho (this and clothing layers are always good even if not expecting rain or cold temperatures)  
Lightweight or warm insulated jacket (cold weather)  
Gloves and warm hat (cold weather)  
Shoes for hiking, creeking, and for around camp (flops or crocs for showers if desired)  
Hat/visor

### **Toiletries**

Toothbrush  
Toothpaste  
Hairbrush  
Feminine hygiene products  
Eyewear - glasses, contacts, case, solutions, sunglasses  
Prescription or over the counter medicine as needed  
Any other toiletries, cosmetics, face wash, UNSCENTED lotion, etc. as needed  
Lip balm  
Sunscreen  
Insect repellent  
Earplugs  
Small first-aid kit

**Extras** (optional)

Snacks  
Portable or solar power charger  
Binoculars  
Compass  
Pocketknife (if you have earned your Knife Safety Card)  
Whistle  
Camera  
Field guides  
Bible  
Book  
Notebook, pen/pencil  
Board games  
Card games  
Lawn games

**DO NOT BRING:**

Headphones, earbuds, radios, handheld electronic games, candy, or sugary drinks. **NO FOOD  
OR FOOD WRAPPERS IN TENTS!**